

It's Purple Month!

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Hello Friend,

Edition 15, 2019

**We're halfway through Epilepsy Awareness Month
– Purple Month – our biggest awareness and
fundraising time of the year.**

I'd like to thank all the businesses, schools, workplaces and individuals who have already come on board to support Tasmania's epilepsy community.

It's not too late to get involved – you can host a purple activity, sell our merchandise at your work or school, or volunteer to help at one of our events. Register on our [website](#) or call us on 6344 6881.

Last Wednesday, our Open Garden event at Government House was a great success. The weather was nearly perfect for viewing a garden and thankfully the rain held off until after the Governor, Her Excellency Professor the Honourable Kate Warner, had drawn our raffle winners!

We're pleased to let you know our new ambassador, Jess McCallum, won third place in an international video competition to raise awareness of epilepsy. She was the only Australian to gain a place so we are very proud of her – [view all videos here.](#)

You can help Jess compete in the USA at the World Powerlifting Championships by making a tax-deductible donation to our Pozible fundraising campaign – [Let's Lift Tasmania](#) and sharing it widely with your networks.

To find out what's happening around Tasmania this Purple Month [visit our web site.](#)

Go Purple Tassie!



Wendy Groot, CEO Epilepsy Tasmania.



Sell Our Purple Merchandise at Your Work or School

Shoelaces, bandanas, wristbands, soft toys, pens, lapel pins, KeepCups and more.

People are loving our 2019 purple merchandise range – look on [our website here](#) then let us know what you would like to take to work or school to sell and raise awareness of epilepsy and funds to provide services and support to Tasmanians.



Trevallyn Primary School is

Tasmania's First Epilepsy Smart School

Congratulations to Trevallyn Primary School in Launceston who became our state's first accredited Smart School. You may have seen their achievement on the news and in the paper!

Epilepsy can impact a student's learning:

- Cognitive overload can cause seizures.
- Seizures can make it difficult to concentrate and remember new information.

- Memory difficulties can also be a side effect of medication.

The **Epilepsy Smart Schools** program has been created to ensure all children and young people living with epilepsy can enjoy a positive schooling experience and achieve their academic potential.

Phone Epilepsy Tasmania on 6344 6881 or visit our [website](#) to find out how your school can become Epilepsy Smart.



Handmade Soaps for Sale

10-year-old Lily Smith is our youngest ambassador and she and her sister Harper have made a range of beautiful soaps they are selling for \$8 each as a fundraiser for Epilepsy Tasmania. Please contact us if you would like to buy some.



TASMANIA TURNS PURPLE

Have you seen our TV advertisement on WIN and Southern Cross yet? Our 'Label on Your Head' video was created to draw attention to the discrimination still affecting Tasmanians with epilepsy.

If you've been to Hobart's State Cinema this month, we'd also love to know what you thought of our static advertisement prior to the movie. Did it get you reaching for your phone?



#PurpleBomb

Join our national social media campaign by taking photos of anything you see that is purple (including yourself!) and sharing to your pages with the hashtag **#purplebomb** The pic above is of the parnaple convention centre in Devonport!



Thank You

A big thank you to all our volunteers who helped at our Government House Open Garden event last week and Bunnings BBQs held so far.



CONGRATULATIONS JESS

This past weekend, Jess competed in Melbourne at the Arnold Sports Festival and placed 4th for female powerlifters!

And last month Jess achieved a personal best at the WRPF Summer Classic 3-Lift in Burnie, Tasmania – a

220kg squat, 120kg bench and 250.5kg deadlift (total 590.5kg).

What can we say, except – **wow!!!!**

Help us give Jess the opportunity to compete at the World Powerlifting Championships in the USA and prove that epilepsy doesn't have to hold anyone back.

Make a tax-deductible donation to our [Pozible crowdfunder Let's Lift Tasmania](#) and **please share this with your networks.**

"Be yourself - everyone else is taken."

Oscar Wilde



Epilepsy Tasmania is a not-for-profit community organisation improving the quality of life of Tasmanians with epilepsy, and those around them, through education, coordination and support.

It relies upon public donations and funding from the Department of Health and Human Services, Tasmania.

Epilepsy Tasmania

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Friends of Epilepsy Tasmania enhance its ability to speak for and advocate on behalf of Tasmanians affected by epilepsy.