

Welcome to 2020!

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Hello Friend,

Edition 25, 2020

Hello and welcome to the first Brainwaves for 2020!

Our staff all came back refreshed after their break and had a busy start to the year with an increased number of phone calls, emails and walk-ins for support and education.

Since the beginning of term one we have had six new schools start the process of becoming an Epilepsy Smart School. We are also seeing a steady number of organisations, workplaces and individuals looking to be part of Purple month. If you're keen to be involved there is a link further on to register or give Bec a call.

This week, Epilepsy Australia released a new research report prepared by Deloitte's Economic Access that identifies accurate, updated information to give a clear picture of epilepsy, its costs and priorities for further work across Australia. In my capacity as the Chair of Epilepsy Australia, there has been significant media interest in this research both at Tasmanian and National levels. Read the national research [here](#) and our Tasmanian Research released at the end of last year is [here](#).

This week has been busy preparing for the release of our new TV and cinema advert – there is a sneak peek below.

We are also currently recording our first ever series of podcasts that we are proud to release during Purple Month.

We are excited to bring our My Journey exhibition to Launceston with new photos and stories. Information about the exhibition is below.

I hope you enjoy participating in Purple Month and look forward to sharing more.

As always, feedback from you is welcome.



Wendy Groot, CEO Epilepsy Tasmania.



My Journey 2020

PhotoStory Exhibition

Two years ago we launched Tasmania's first photo-story exhibition on epilepsy in Hobart.

My Journey represented a new era in epilepsy awareness by bringing the condition out of the shadows and demonstrating the increasing numbers of Tasmanians willing to share their stories publicly in order to support and encourage others.

Epilepsy is far more than just seizures and our 2020 My Journey exhibition in Launceston will reveal a new selection of Tasmanians living with epilepsy.

Entry is open to everyone.

Venue: TailRace Centre, 1 Waterfront Drive, Riverside,
Launceston.

THURSDAY 12th MARCH from 10 am to 4 pm

FRIDAY 13th MARCH from 10 am to 4 pm

SATURDAY 14th MARCH from 10 am to 4 pm

On Friday 13th March we will celebrate My Journey 2020 with drinks and nibbles sponsored by AtWork from 5.30 pm to 7.00 pm. Entry by donation. We are also looking for recommendations for a local musician to play during this celebration event – if you know of anyone!



Buy New Merchandise for Purple Month!

Purchase a new range of purple items in time for Purple Month – we have fun accessories, KeepCups, insulated drink tumblers, lunch boxes, umbrellas, soft toys and stickers and more.

Buy on Facebook, our website or at our Hobart or Launceston offices.

[View Gift Selection](#)

Are You Ready for Epilepsy Awareness Month?

March is only two weeks away!

How are you, your friends, workplaces, schools and community groups planning to raise awareness of epilepsy during this important month-long event?

Our new website page makes it easy to register your ideas or events so we can help you promote them.

[Register Your Event Now](#)



Sneak Peek – Our New TV Advert

On Monday, Epilepsy Tasmania was at the Launceston Gorge filming a new television advertisement with Winning Post Productions.

You may well recognise this well known local family when you see them on the WIN television network throughout March or at Hobart's State Cinema. Stay tuned!

Can You Volunteer a Few Hours Next Month?

Purple Month (March) is our busiest and most important time of year – but it's a team effort.

Volunteers are the backbone of Epilepsy Tasmania and March is when we most need their help.

If you can spare any time – even an hour – we will be very grateful. As a small charity with only 6 staff we cannot physically run fundraising and awareness events without volunteers.

We are specifically looking for people to help out with our Bunnings BBQs at Glenorchy on March 15 and Mornington on March 8 and our Government House Open Garden on March 25th. As well as for people to organise their own individual awareness/fundraisers throughout March.

Please [email](#) or call Bec on 6344 6881 with your availability.

“The smallest act of kindness is worth more than the grandest intention.”

Oscar Wilde



Epilepsy Tasmania is a not-for-profit community organisation improving the quality of life of Tasmanians with epilepsy, and those around them, through education, coordination and support.



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Epilepsy Tasmania

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Friends of Epilepsy Tasmania enhance its ability to speak for
and advocate on behalf of Tasmanians affected by epilepsy.

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