



Hello Friend,

Edition 26, 2020

Hello and welcome to Purple Month!

Epilepsy Awareness Month has well and truly started and there are lots of interesting and fun activities going on.

We began Purple Month by launching our new TV and Cinema advertisement – *perhaps you've seen it?* – and our schools' finger knitting challenge with a special bus named Miss Lila – *perhaps you saw it on the TV news or in the Examiner newspaper?*

Sam from Ikin Media has produced a new podcast initiative and an exciting first for Epilepsy Tasmania that complements our second My Journey photo-story exhibition showcasing in Launceston next week. It is free and you are invited to attend as many times as you would like and join us for celebratory evening drinks and canapes on Friday 13th.

International Women's Day is this Sunday 8th March, and as Serena Williams says below: we are strongest when we cheer each other on. I hope you get to enjoy the day with those around you, regardless of gender.

Epilepsy Tasmania has been receiving some great support from atWork, including their sponsorship of our celebratory music and canape launch of the My Journey Exhibition and their hosting of an epilepsy awareness morning tea on Thursday 26th March from 10 to 11.30 am at the Strike It Out Café in Thistle Street South Launceston. Everyone is welcome to this event, but

please RSVP by March 20th to 0439041162 or email
cassandra.phillips@atworkaustralia.com.au

As you can see below, there is lots going on and I hope you enjoy participating in Purple Month and sharing your experiences with us. As always, your feedback is encouraged.



Wendy Groot, CEO Epilepsy Tasmania.

Get Knitting for our School Challenge

Ask a school to join our Finger Knitting School Challenge during March 2020 and raise awareness of epilepsy among school children in Tasmania.

School's just need to drape a school building or piece of equipment in **purple** finger knitting and share their efforts on social media using **#FingerKnittingChallenge**.

Epilepsy Tasmania will monitor **public social media pages** during March and re-share efforts to further increase awareness of epilepsy.

THERE ARE SOME GREAT PRIZES TO WIN TOO!

Register for the School Challenge



My Journey 2020 – PhotoStory Exhibition

Epilepsy Tasmania is very proud to present its second instalment of the My Journey Exhibition.

This photo–story exhibition is a window into the lives of 20 Tasmanian’s ranging in age from 10 to over 70.

Aiming to raise awareness and understanding of epilepsy, **My Journey is a collection of honest, confronting and inspiring reflections on a condition that is often hidden.** Entry is free and open to everyone.

View My Journey at the Tailrace Centre, 1 Waterfront Drive, Riverside, Launceston:

- Thursday 12th March 10 am to 4 pm
- Friday March 13th 10 am to 4 pm
- Saturday March 14th 10 am to 3 pm

To complement the My Journey photo–story exhibition, Epilepsy Tasmania is also very proud to launch its first–ever podcast audio series about epilepsy where you can **listen to people who have epilepsy, a neurosurgeon and our own CEO** explain what the condition is really like. **Download and listen to the My Journey podcasts on Spotify, Apple iTunes, CastBox and all good podcast channels.** There will be 12 in total, released during March.

Join us from 5.30 pm to 7.00 pm on Friday 13th March to celebrate the exhibition opening of My Journey 2020 with music and canapés, proudly sponsored by AtWork.

Be entertained by acoustic guitarist Aleisha McDonald and enjoy complimentary drinks and canapés. ***Must RSVP to 6344 6881 or admin@epilepsytasmania.org.au***

Yes! I'll RSVP to the Launch



Tag the Turtle Competition!

Tag our new turtle soft toy with a name and if your nametag is the most popular, you're in the draw to WIN a one-night stay in a deluxe king room at the [Country Club Tasmania](#) in Launceston, with a buffet breakfast for two at the **Links Restaurant**.

[Enter Now](#)



Government House - Garden Fundraiser

Wednesday 25 March from 10:00 am to 12:00 pm

This Open Garden for Epilepsy fundraising event is raising funds to provide education, services and support to Tasmanians affected by epilepsy.

Join guided tours of Hobart's Government House gardens. Covering approximately 15ha, they are considered the finest example of a Victorian-era garden in Australia.

Tour is approximately one hour and concludes with morning tea in the Stables.

Tickets are just \$20 per person with a 10% discount for groups of 5 or more. Wheelchair & family-friendly.

All proceeds to Epilepsy Tasmania.

[Book Tickets Now](#)



Register a Fundraising Event to WIN!

How are you, your friends, workplaces, schools and community groups raising awareness of epilepsy during this important month-long event?

REGISTER YOUR 2020 FUNDRAISING EVENT DURING PURPLE MONTH and you'll be in the draw to **WIN an accommodation experience** for 2 people at the [Hotel Grand Chancellor, Launceston](#): a one night stay for two people, buffet breakfast, tickets to the Encore Theatre production of [Mamma Mia the musical](#) and dinner before the show.

This is a great prize, so **register anything you plan to do, on any date during 2020** and go into the draw to win.

Also, don't forget to purchase from our new range of purple items for Purple Month – we have fun accessories, KeepCups, insulated drink tumblers, lunch boxes, umbrellas, soft toys and stickers and more.

Buy on Facebook, our website or at our Hobart or Launceston offices.

Register Your Event TO WIN

“Every woman's success should be an inspiration to another. We're stronger when we cheer each other on.”

Serena Williams



Epilepsy Tasmania is a not-for-profit community organisation improving the quality of life of Tasmanians with epilepsy, and those around them, through education, coordination and support.



Donate Now

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Epilepsy Tasmania

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Friends of Epilepsy Tasmania enhance its ability to speak for and advocate on behalf of Tasmanians affected by epilepsy.

