



Edition 27, 2020

How are you **Claire?**

I write to you during worrying and challenging times, but I am pleased to reassure you that Purple Month is *mostly* still on.

With the health and welfare of our community of utmost importance, we are closely monitoring advice from health authorities regarding the impacts of coronavirus, or COVID-19.

I am in regular contact with our staff and Board to ensure we continue to deliver services to our clients while ensuring the safety and welfare of everyone and so at this stage, we have ceased all physical face-to-face training and support services.

Our staff will continue to provide phone support and training via video-conferencing, and our phone will continue to be staffed.

We have developed a new website page with updated information and

facts: <https://epilepsytasmania.org.au/covid-19-corona-virus-and-epilepsy/>

You will be aware that many public events and group activities have been postponed and this will significantly impact our fundraising and awareness efforts for 2020.

Epilepsy Tasmania will not hold events of any size for the foreseeable future but we will host our first live, virtual activity on Facebook at 12 pm on Purple Day next week, March 26. We are still finalising details for this and will send you information on how to join us very soon.

We strongly encourage all our Friends holding their own events to monitor advice from health authorities (<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>).

We understand this is disappointing. A significant amount of hard work and dedication goes into every Purple Month, both from us here at Epilepsy Tasmania and from all of our supporters in the community.

If you missed our My Journey photo-story exhibition last week in Launceston, download and read the e-booklet for just \$5

here: <https://epilepsytasmania.org.au/product/my-journey-booklet/>

If you have not already listened to our podcast audio series, the link is below.

We thank our entire community for their understanding and patience during these difficult times. And remember, if you know of anyone staying home, please check on them.

Warm regards and take care,



Wendy Groot, CEO Epilepsy Tasmania.

Finger Knitting School Challenge – still on!

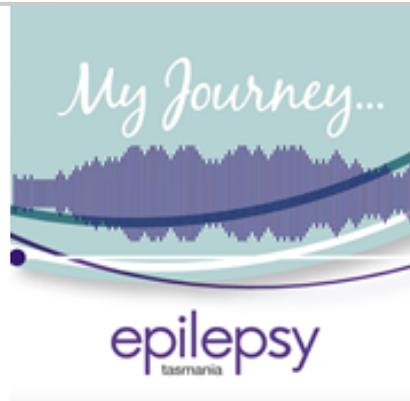
Schools can join our Finger Knitting School Challenge and raise awareness of epilepsy among children in Tasmania. *This can even be done at home!*

Share photos of your **purple** finger knitting on social media using **#FingerKnittingChallenge**.

Epilepsy Tasmania will monitor **public social media pages** and re-share your efforts to further increase awareness of epilepsy.

THERE ARE SOME GREAT PRIZES TO WIN TOO!

Register for the School Challenge



My Journey Podcasts – still on!

Epilepsy Tasmania is very proud to present its first podcast **audio** series.

My Journey is a collection of honest, confronting and inspiring reflections on a condition that is often hidden.

Listen to twelve Tasmanians share their journey with epilepsy, in their own words, to raise awareness and understanding of a condition that affects 1 in 25 Australians.

Download and listen to the My Journey podcasts on **Spotify, Apple iTunes, CastBox** and all good podcast channels or click the button below.

Listen Here



Tag the Turtle Competition – **still on!**

Tag our new turtle soft toy with a name and if your nametag is the most popular, you're in the draw to WIN a one-night stay in a deluxe king room at the [Country Club Tasmania](#) in Launceston, with a buffet breakfast for two at the **Links Restaurant**.

Enter Now





Register a Fundraising Activity to WIN – still on!

Register any activity for 2020 and be in the draw to WIN an accommodation experience for 2 people at the [Hotel Grand Chancellor, Launceston](#): a one night stay for two people, buffet breakfast, tickets to the Encore Theatre production of [Mamma Mia the musical](#) and dinner before the show.

VIRTUAL EVENTS COUNT TOO!!!

This is a great prize, so register anything you plan to do, on any date during 2020 and go into the draw to win.

The MamaMia show has been postponed, so prize dates are unknown.

[Register a Virtual Activity](#)

Purple Merchandise – still on!

Our new range of purple items includes fun accessories, KeepCups, insulated drink tumblers, lunch boxes, umbrellas, soft toys and stickers and more.

Buy on Facebook or our website and we will post them straight to your door!

Shop Online

"If you can only be one thing, be kind."

Unknown



Epilepsy Tasmania is a not-for-profit community organisation improving the quality of life of Tasmanians with epilepsy, and those around them, through education, coordination and support.



Donate Now

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Friends of Epilepsy Tasmania enhance its ability to speak for and advocate on behalf of Tasmanians affected by epilepsy.

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