



Edition 29, 2020

Hi Friend,

During my increased time at home, I've been able to appreciate much more our natural Tassie environment, the changing sunlight angles and the beautiful colours of autumn – there is a silver lining to every cloud and I hope you are finding one too.

Another silver lining is the news I have received from the Royal Hobart Paediatrics Neurology Clinic – there are no extra wait times and they are completing as many appointments via telehealth as possible to reduce traffic through the hospital. People who need to be seen in person for assessment can still attend the clinic.

For the past year, Epilepsy Tasmania has been a proud partner of [Seer Medical](#) (Epilepsy Diagnostics) and we are very grateful to have received a donation from them as part of their Purple Month fundraising campaign.

Seer has told us how proud they are of the work Epilepsy Tasmania carries out in support of the epilepsy community and that they are privileged to support Australia's primary support network, especially during these uncertain times. Thank you Seer for your kind words and your generous donation.

Warm regards and take care,



Wendy Groot, CEO Epilepsy Tasmania.

Mothers' Day is this Sunday!

Mothering is a vital role and we'd like to acknowledge the diversity of people's experiences and recognise that some people may be celebrating today (likely from a distance) with their mum, stepmother, grandmother, aunt, sister or another significant person (of any gender) in their life.

However and wherever you are celebrating or remembering a mothering figure in your life, we hope you enjoy the day.



Make the most of your time at home.

The Shore Academy is currently offering its certificate courses in Excel software for FREE! We haven't tried it ourselves but you can grab the opportunity to upgrade your computer skills and make yourself more employable when this pandemic is over. Make sure you remember to cancel after your free trial before the end of May if you don't want to take up the ongoing subscription.

Start your free course
here: <https://www.shawacademy.com/courses/business/online-excel-course/>

Find Out More



Meet Colin!

"Hi, my name is Colin and I was born and bred Taswegian, I am excited to join the Epilepsy Tasmania family.

My passions lie with theatre and music and I have been lucky enough to travel all over Australia performing in many long-running musical theatre shows. I received a Helpmann nomination for my role in "Once a New Musical" and am proud to have played Billy's dad, in the original touring cast of Billy Elliott, alongside my good friend John X.

In Tassie you may have seen me in many guises about the place talking about our rich convict history or just CROONing it up with the lads and the Matthew Ives Big Band.

So what am I doing at Epilepsy Tasmania I hear you ask.

Shows don't run forever and between contracts I live and work in Tasmania, helping where I can. My role at Epilepsy Tasmania is simple... I am using my performing skills to engage with the Tasmanian community to highlight the problems faced by Tasmanians with epilepsy, the services that Epilepsy Tasmania provide and raising money to help them continue providing their services.

Around one-fifth of Tasmanians are affected by epilepsy. Many hit brick walls every day through lack of general community knowledge about the condition and

the problems they face. I will be meeting with community groups, workplace employee groups, social groups and professional groups to increase their knowledge and gain their support.

Government funding is welcomed but shouldn't be solely relied on – we aim to be fully self-funded in the future. Well, that was the plan until Captain Covid-19 showed up.

Talking face to face is not an option at the moment so I am turning to social media instead. Raising money is never easy, but through fun and engaging activities, promoted over social media we are trying our best. Please note, Epilepsy Tasmania does not get involved in phone raffles or mailouts asking for direct donations. If you are approached by anyone in this way suggesting they are us...they are not. Ring us on 6344 6881 if you are unsure and want your donation to stay in Tasmania.

On that note here's some social media fun you can do...Walking For Epilepsy Tasmania!

Many people are taking the opportunity at the moment to go for a walk or a run. Next time you do, wear something purple or tie a purple scarf to your pet and take a pic or a short video even. Post it on any social media you use with the hashtag

[#WalkingForEpilepsyTas](#)

Then go to www.epilepsy Tasmania.org.au click the donate link and give just \$5. Your donation is tax-deductible and the best pic or video we chose by the End Of Financial Year will win their choice of any item from our range of merchandise.

I am excited to be in this role even during these difficult times. They won't last forever though, so please contact me if you would like me to come (when restrictions are lifted) to your group meeting or function to talk about the work of Epilepsy Tasmania...and maybe have a sing while I'm there. There's always time for a sing."

National Volunteering Week is 18 –24 May

Watch this space and our Facebook page as we have some virtual activities planned to celebrate the many ways volunteers change communities and change lives.

NATIONAL 18-24 MAY 2020
VOLUNTEER
CHANGING COMMUNITIES. CHANGING LIVES. WEEK

*“Too often we underestimate the power of
a touch, a smile, a kind word, a listening
ear, an honest compliment or the smallest
act of caring.*

*All of which have the potential to turn a life
around.”*

Leo Buscaglia



Epilepsy Tasmania is a not-for-profit community organisation improving the quality of life of Tasmanians with epilepsy, and those around them, through education, coordination and support.



Donate Now

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Friends of Epilepsy Tasmania enhance its ability to speak for and advocate on behalf of Tasmanians affected by epilepsy.

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