|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| DATE & TIME | DURATION  OF SEIZURE | SYMPTOMS DURING Specific body movements, consciousness level, behaviour | TRIGGER Unwell, hot/cold, environmental, noise | PRE EVENT ACTIVITY Concentrating, physical activity, | POST EVENT Time taken to return to normal awareness, orientated to time and place, tired, irritable | OTHER Any other physical, emotional, or behaviours signs/symptoms noted |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

